

Woodside Academy



Anti-Bullying Policy 2024 -27

***“We want our children to learn positive attitudes so that they never limit the opportunities of others through stereotyping or intolerance”
from School Vision Statement “Excellence Through Opportunity”***

Introduction

At Woodside Academy, we want all members of our community to feel safe and secure .

“Children will tease, fall in and out with each other, have arguments, stop talking to each other and agree and disagree about what is cool and what’s not. This is the normal part of growing up and should be distinguished from bullying.”

www.respectme.org.uk

Bullying:

- Is deliberate
- Is repeated often over a period of time
- Is difficult for those being bullied to defend themselves

Why are we against bullying?

- Everyone has the right to feel welcome and secure
- We should treat everyone with consideration
- If bullying happens it will be dealt with quickly and effectively
- It is important to tell someone
- Bullying of any kind is unacceptable at our school

What types of bullying are there?

- Emotional (being unfriendly, excluding, tormenting, threatening behaviour)
- Verbal (name calling, sarcasm, spreading rumours teasing)
- Physical (pushing, kicking, hitting, punching or any use of violence)
- Extortion (demanding money or goods with a threat)
- Cyber (all internet, email, or social media issues)
- Mobile threats by text messaging and calls
- Misuse of associated technology i.e. cameras and video facilities including those on mobile phones.
- Racist (racial taunts, graffiti, gestures)
- Sexist, sexual, transphobic and homophobic bullying
- Bullying involving children with special educational needs or disabilities
- Bullying around religion and culture

What are the signs and symptoms of bullying?

A person may indicate by signs or behaviours that they are being bullied. Everyone should be aware of these signs and should investigate if the person;

- Is frightened to walk to or from school or changes in routes
- Doesn't want to go to school
- Changes in their usual routine
- Becomes withdrawn, anxious or lacking in confidence
- Becomes aggressive, abusive, disruptive or unreasonable
- Feels ill in the morning
- Performance begins to drop
- Ask for money or starts stealing money
- Nervous or jumpy

How can we prevent bullying?

Woodside Academy foster a clear understanding that bullying of any form is not acceptable. This is done by:

- Developing an effective antibullying policy and practice. The school will then become a safer and happier environment, with consequent improvements in attitudes and behaviour, and relationships and with a positive impact on learning and achievement
- Regular praise of positive and supportive behaviours by staff
- Work in school which develops empathy and emotional intelligence

Why is it important to respond to bullying?

Bullying hurts!

- Everyone has the right to be treated with respect
- Everyone has the right to feel happy and safe
- N-one deserves to be the victim of bullying
- Bullies need to learn different ways of behaving

J Ryder 2024